



ABC Kick – COVID 19 Guidance – 18/03/2021



As always, the health and wellbeing of our Players, Coaches and Spectators is our top priority. With the return of football just around the corner, we have implemented new guidelines to ensure everyone's safety during our sessions. We have put together some pre-screening Covid-19 questions that you must go through 24 hours prior to each session to ensure that we are following the FA guidelines and doing our bit to protect our football community. We appreciate you taking the time to read the below documents in depth to help keep everyone safe.

- You must stay within your bubbles and make it a priority to stay 2 metres away from each other and our game or training session to ensure that social distancing is maintained.
- We recommend all adults wear a face covering.
- Players, Parents, Carers and Spectators must not attend if they should be isolating or in quarantine.
- Players, parents, carers, and spectators must not attend if they or anyone in their household have any of the Covid symptoms (*stipulated by the FA*)
 - High temperature (above 37.8 C)
 - New continuous cough
 - Loss of or change in normal sense of taste or smell
 - Shortness of breath
 - Sore throat
 - Diarrhoea
 - Persistent tiredness
- Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not attend.
- Players should sanitise hands before and after every session.
- Ball handling should be kept to a minimum, equipment should not be shared, and goalkeepers should ensure they disinfect their gloves afterwards.
- Where possible, only coaches should handle the equipment in training.

In continuing to send your child(ren) to football you are giving consent that you have read and understand the guidelines above and agree to follow them.

We appreciate your co-operation.

*Nicole Barrett
ABC KICK Director*